WHO WE ARE

• The premier center for spinal cord injury (SCI) care, education and research in the Northwest, based in the Department of Rehabilitation Medicine at UW and Harborview Medical Centers.

• A nationally recognized leader in providing information and education to people with SCI, family members and caregivers, health care providers, researchers, disability organizations, policy makers and educators.

• Hub of the regional SCI community, providing networking and support, fostering connections, and nurturing ongoing relationships between people and resources.

WHAT WE DO

• Collect long-term health and outcome information for the National SCI Statistical Center to improve understanding of SCI health care needs and best health care practices.

• Conduct research to improve health, function and independence after SCI.

• Provide information about SCI to patients, their families and health professionals.

  • SCI Podcasts: Listen anytime, anywhere to our SCI Forum Podcast, featuring interviews, panel discussions and talks on life with SCI.

  • Website (sci.washington.edu): A trusted international resource on all aspects of living with SCI.

  • SCI Forums: An evening educational program for persons with SCI and their friends, family members and caregivers covering health and wellness topics relevant to the SCI community. Forums are recorded and posted online.

  • SCI Videos: More than 100 videos on our website and YouTube channel including our SCI Forum videos and our training videos on wheelchair skills, respiratory management, and other SCI topics.

  • SCI Wellness Summit: Biennial half-day educational symposium drawing together SCI consumers, health professionals, service providers, and vendors for workshops, demonstrations, and presentations on all things SCI.

• SCI Empowerment Project: Printable SCI Health Guides and 30 short videos on wheelchair skills, improving hand function, respiratory/leg-wrapping techniques and profiles in aging with SCI.

• Stay Connected: Join our email list at sci.washington.edu/subscribe

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