SCI Forum: Pregnancy after Spinal Cord Injury



Items Used by Panelists:

Snugglebundl https://snugglebundl.com/

Unbuckle me car seat release tool https://unbuckleme.com/

Boppy Pillow https://www.boppy.com/

The Baby Brezza https://babybrezza.com/

Twin Z Pillow https://twinznursingpillow.com/

Lapbaby https://www.lap-baby.com/

Sleep Number Bed https://www.sleepnumber.com/ [sleepnumber.com]

Snoo Smart Sleeper https://www.happiestbaby.com/ [happiestbaby.com]

My brest friend (a little better for breast-feeding because it is firmer) https://www.mybrestfriend.com/

Ubbi diaper pail (uses regular garbage bag and has a loop on the lid that is easy for minimal hand function) https://ubbiworld.com/pages/diaper-pail

Velcro booties, no snaps

https://www.amazon.com/gp/product/B07ZSCPJMN?colid=16TUGSXOECW7J&coliid=IFWDGQFFBWJU1&ref=br_ADD_TO_CART_title_link

Electric nail trimmer https://fansidi.com/collections/fansidi

Lap baby https://www.primobaby.com/products/primo-lapbaby

Nursing sling https://humble-bee.com/pages/nursesling-nursing-pillow

Magnetic clothing https://magneticme.com/collections/footies

Diaper cream brush https://bumco.com/products/the-original-baby-bum-brush

SwipenSnap https://swipensnap.com

Rolling bassinet with drop down access and space available underneath for wheelchair

 $\underline{https://koolerthings.com/products/3-in-1-baby-bassinet-bedside-sleeper-playpen-easy-folding-portable-\\ \underline{crib-grey-koolababy}$

Any baby wearing product that one feels comfortable with:

- https://ergobaby.com/baby-carrier/embrace?carrier-position=135&general-color=117%2C116&click=sem&gclid=EAIaIQobChMIy8Lihsnq-gIVQA2tBh0pfQUkEAAYASAAEgJu2vD-BwE
- https://mobywrap.com/
- https://www.kindredbravely.com/products/organic-cotton-skin-to-skin-wrap-top-charcoal-grey-heather?variant=39413122859104

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Accessible crib https://www.pedialift.com

https://gertiecribs.com

https://www.guavafamily.com/products/lotus-bassinet

Chair changing station ideas

https://community.babycenter.com/post/a36168571/wheelchair changing table pics included

Smart lights to be controlled from the phone or Alexa

Smart sound machine to be controlled with the phone – we have the hatch

Swivel car seat https://www.evenflo.com/products/revolve360-swivel-car-seat-convertible-car-seat

Links to other resources:

Model Systems Knowledge Translation: <u>Pregnancy and Women with Spinal Cord Injury</u>

Backbones Presentation: Woman & SCI: Pregnancy

Facing Disability ("for families facing spinal cord injury"): Pregnancy Related Videos

Research Paper: Pregnancy outcomes in women with spinal cord injuries: a population-based study

United Spinal Association: Pregnancy and Women with SCI