Using a Wheelchair or Scooter

GOING UP AND DOWN CURB CUTS

Preparation for curb cuts:
• Know your route and know where the curb cuts are located
• Be aware of transportation patterns
• Check for dips or bumps in curb cut
• Wait at top of curb cut for “walk” signal or traffic patterns to allow for safe street crossing

Going up a curb cut:
• Use the center of the curb cut where it is flattest
• Lean forward as you push/drive
• Wait until you reach level ground before changing direction

Going down a curb cut:
• Slow down and shift your weight back
• Use the center of the curb cut where it is flattest
• �名If it is too steep the foot plate may hit the bottom of the slope
• Wait until you reach level ground before changing path of travel

Asking for assistance:
• If you do not feel safe going up or down a curb cut, ask for assistance
• Going down, they can pull back lightly on push handles to slow down or assist with foot plate.
• Going up, they can push or provide a slight tilt to overcome obstacles
These tips are intended to assist in the planning of traveling in the community. They are a guide only and cannot guarantee safety. It is the responsibility of the reader to follow his/her health care professional’s advice related to their specific condition. Always be prepared to encounter the unpredictable.