• **Individual Destination Instruction**
  One-on-One training to/from a specific origin and destination

• **Transit System Instruction**
  One-on-One training to learn overall use of the entire bus system using Rider Information Office, bus schedules, On-line Trip Planner, etc.

• **Group Transit Instruction**
  A classroom style training which is designed to be an introduction to using the bus/rail systems; each classroom presentation is followed by a field trip to reinforce what was discussed in the classroom

• **Lift or Ramp Instruction**
  One-on-One training to learn how to board Metro and Sound Transit buses with a mobility aid; training is conducted on an out-of-service bus so that the individual has the opportunity to practice using the lift/ramp numerous times

• **Community Outreach**
  Presentation to local community agencies/organizations to introduce Transit Instruction to the staff and/or family members who support potential trainees
Metro, Sound Transit, Community Transit, Link Light Rail, Bus Rapid Transit
• **Eligible Participants**
  Individuals with Disabilities and/or Senior Citizens

We also provide Group Training to Non-English Speaking Communities

• **To Request Training**
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