



SCI FORUM

Northwest Regional Spinal Cord Injury System
University of Washington, 2017



Wednesday, November 29 at 7:00 PM

Hospital Cafeteria (Plaza Café) Conference Room A/B/C
University of Washington Medical Center, 1959 NE Pacific St., Seattle, WA, 98195

Complementary and Alternative Medicine in SCI

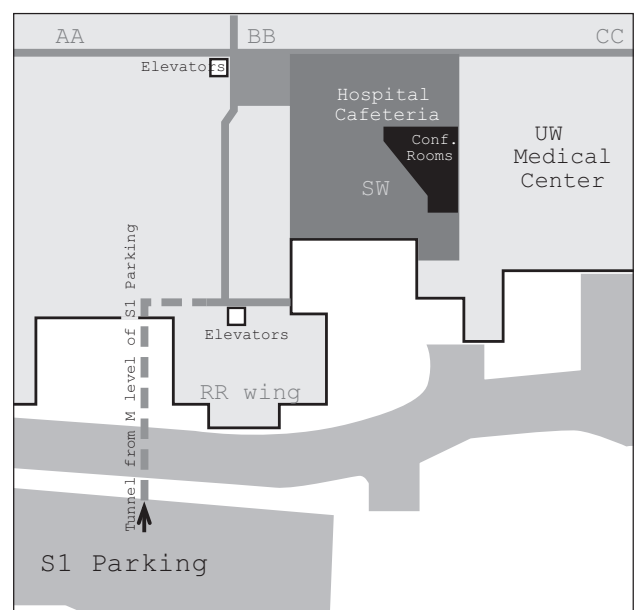
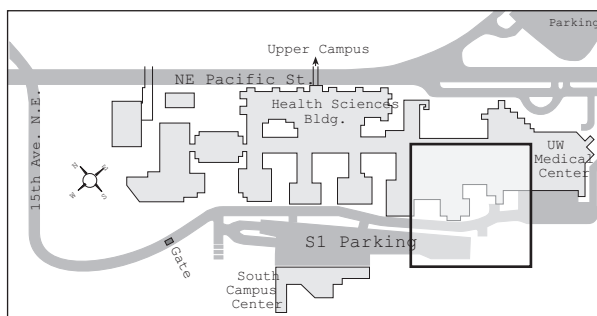
The goal of this talk will be to provide an overview of the vast and diverse field of Complementary and Alternative Medicine (CAM) in Spinal Cord Injury & Disorders (SCI/D). Juan L Asanza, MD, acting assistant professor in the Department of Rehabilitation Medicine and staff physician in the Department of Veterans Affairs, will describe common CAM therapies used in SCI/D and discuss current research and evidence. In addition, he will assess the use of selected supplements and vitamins in SCI/D care. Question and answer session will follow the presentation. **Continuing education credits will be available for physical and occupational therapists: 1.5 contact hours.**

5:30 PM - 6:30 PM Meet & Greet! Meet in the hospital cafeteria to socialize, network and eat (buy or bring dinner) before heading to the forum. No RSVP—just show up!

FREE PARKING: Pay \$5 at the gate house before you enter the S1 garage (directions below), and we will give you a coupon for a full refund when exiting the garage. (Refund available at the gate house until 9:00 PM.)

How to get to the forum:

- Enter the S-I parking lot off 15th Ave NE, and park on the M level (see map below).
- Take the tunnel labeled “Hospital” into RR wing (see map on right) and take the elevator up to first floor.
- Go down the hall; the cafeteria (Plaza Café) will be on your right.



Enlargement of inset area from left.